

In this world of ours, peace is often hard to find. As we celebrate 75 years since the end of the war what better time to dance for peace, for peace for each other and for the world.



Purley Chase Centre



This beautiful retreat centre in the heart of Warwickshire, is set in 6 acres of beautiful grounds and trees.



It can accommodate 60 people, 27 of these in the new annexe with en-suite rooms. Tea and coffee making facilities are available in bedrooms.

Whilst eating in the dining area, you can enjoy beautiful views of the grounds and wildlife.



There are several meeting rooms, two of which include the latest audio visual equipment. Other facilities include a lounge, games room, quiet room, library, conservatory and book shop. For those young at heart there is a magnificent outdoor play area.

The centre has full access for those less able bodied, including adapted en-suite accommodation and a lift.



How to get there:

Take the A5 from the M6 or M42 towards Nuneaton. After Atherstone turn right off the large roundabout onto the B4111 towards the small village of Mancetter (¼ mile). Turn right in Mancetter just past the Church signed to Purley Chase Golf Club. Over traffic light controlled bridge, follow road round to right signed Steppey Lane, up the hill through an archway of trees,, and the centre is on your right after ¼ mile.

If travelling by public transport, see details on the web site or ring the Centre for advice.

Centre Manager: Rachel Gilsenan
Purley Chase Centre, Purley Chase Lane,
Mancetter, Warwickshire CV9 2RQ
Tel: 01827 712370
enquiries@purleychasecentre.org.uk
www.purleychasecentre.org.uk

Dancing for



Peace

8th - 10th May
2020

Purley Chase Centre

Led by:

Helen Newton

&

Rita Russell

'It is music and dancing that make me at peace with the world.'

Nelson Mandela

*If we have no peace,
it is because we have forgotten that
We belong to each other.*

Mother Teresa



This event will start with a session at 5pm followed by our evening meal at 6.30pm. It will end after lunch served at 1pm

Dear Dancers

On the 75th anniversary of the end of the Second World War in Europe, we will join together in a circle and dance for Peace. Using a wide range of music and fairly simple steps we will dance for Peace in our World and of course for Peace in our own hearts and minds. *“World peace begins with inner peace”* Dalai Lama. Our hope is that by the end of the weekend we will feel balanced, whole, loved and at peace.

We aim to create a friendly and sacred space where you will feel nurtured in body, mind and spirit. We will learn the dances together, dancing around a focal point, often a candle, to help us feel centred giving us an opportunity to reflect on the theme. . The dance is like a mantra, stilling the mind and calming the body, bringing our whole being into Oneness.

There will be a period of free time on Saturday afternoon to enjoy the grounds, walk in the surrounding countryside, chat with each other or rest. Saturday evening there is a choice of activities - singing, meditative craft or just relaxing. On the Sunday morning we bring the dances we have learnt together with short readings/prayers to create a sacred act of universal worship.

Helen and Rita look forward to sharing with you in our journey to wholeness.

Numbers are limited to 20 because of the dance space,, so book early to avoid disappointment!

Meet our Leaders:



Helen is an experienced spiritual retreat facilitator who loves to create safe sacred spaces where people can experience the love, joy and peace within. Circle dancing is one of her key spiritual practices and she delights in sharing this love of the dance with others in her calm and centred way. She is a One Spirit Interfaith minister, spiritual counsellor and healer.

Rita is an experienced Sacred Circle Dance teacher and has an extensive repertoire of dances. She uses her musical gifts and skills as a teacher to encourage others to experience the love and power of the Divine. She also enjoys facilitating workshops and spiritual growth groups bringing her love of people and life experience into her work. She has channelled Reiki healing for twenty years.



Who is it for?

We welcome both those who are fairly new to circle dancing and experienced dancers. There is no need to bring a partner as all dancing is done in a circle, although, of course, you are welcome to bring a partner or friend.



Booking Form Sacred Dance Weekend 8th-10th May 2020

Name:.....

Address:.....

.....Postcode:.....

Tel Number:.....

E-mail Address:.....

Choice of Room (please tick in box):

En-suite: £146

Adapted En-suite £146

Standard £122

Please indicate dietary requirements:

Any Allergies:

Please book online or by posting this form with a cheque made out to 'Purley Chase Centre' and sent to:

**Bookings, 16 Lawrence Court,
Tamworth, Staffordshire B79 8DW**

or transfer the money direct into this account through telephone or internet banking::

Bank: RBS

Account Name: Purley Chase Centre

Bank Sort Code: - 16-18-18

Account Number: 10418383

Reference: 'Your Name'

If you are interested to go on a mailing list to receive details of future events please tick the box: